

# COURSE PROSPECTUS

**A Course in Colour Therapy 2021**

Atlantis Institute

[www.AtlantisInstitute.ie](http://www.AtlantisInstitute.ie)



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## About Atlantis Institute

The Atlantis Institute was founded by Crystal Therapist and Teacher, David Ellis, who began his training in 1995 and qualified as a Crystal Therapist in 1997, he also studied Colour Therapy and became a Therapist in 1998.

In 2008 the Atlantis Centre was built in Gorey, County Wexford, Ireland where Atlantis Institute was created and facilitated courses and workshops in Crystal Therapy and Colour Therapy.

In 2019 David moved to Europe to teach to a broader audience and to relocate Atlantis Institute, however, quick on the tails of his move, COVID19 took a hold of the world and prevented any forward movement for 99% of the population. This is truly a time for reflection. To read more about David and The Atlantis Institute, [click here](#).

*“If I have no honour or integrity – then I have nothing”*

*David Ellis*



## About our Colour Therapy Course

This is a great learning journey into the world of Colour and how Colour affects us in every way. The course will give you insights into what Colours to use in Healing as well as what Colours to wear for healing and impact. Together with how Colour affects our moods and why we would never paint a bedroom red. This course explore why our energy system can become blocked and methods to clear those blocks as well as a full understanding of the function of the Aura and Chakra systems and how they interact with the physical and emotional self.

Our courses are online learning and can be conducted either by self-learning or tutor assisted or tutor trained.

**Self-Learning Course:** You will be provided with your own study room online where your course material, tutor notes, videos and exam questionnaires will be available.

**Self-Learning with Email Support:** You will be provided with your own study room online where your course material, tutor notes, videos and exam questionnaires will be available. Unlimited Tutor Email Support.

All our courses are fully accredited. Please see the [accreditation page](#) for each course accreditation.



## Colour Therapy Practitioners Course at a Glance

Accredited?	Yes
Suitable for beginners?	Yes
Any Prerequisites?	Yes Be Open to Possibilities Be open and prepared to look at your own shadow side and heal yourself Be prepared to let go of your old beliefs Be open to change
How many modules are there?	8
How long is the course?	Minimum 8 Months
Can I complete the course sooner?	No



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## What is included in this Course?

Self-Learning Course:	E-Manuals x 8, E-Exam Paper x 9, E-Diploma Certificate.
Self-Learning with Email Support:	Manuals x 8, Exam Paper x 9, Diploma Certificate. Unlimited Tutor Email Support.
Skill Level on Completion	Practitioner in Colour Therapy
Title on Completion	Colour Therapist Certified Use of AIDipCTC or AIDip Colour Therapist Certified



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## Payment Options

EFT, Credit Card, PayPal

Basic Course  
€155

Self-Learning with Email Support  
€255

Kit  
€100



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## What will I learn?

### Learning Outcomes

Understanding Colours and their intrinsic value in the healing process.

What Colours to wear, what they say about you and your mood, how they can make you feel.

Understanding the impact Colour will have in a room that you wish to decorate, or how the Colour of a room will impact on the rooms purpose. Example, a dining room or a class room.

The Chakra and Aura System, the energy system that propels human beings at an etheric level. The understanding of physical traumas that embed into the Etheric Energy memory and create blockages to prevent conventional healing.

Colour fabrics placement, and Colour lighting and the understanding what Colours to use and when.

Pendulum techniques, how to use a pendulum.

Understanding Meditation and the importance of the Subconscious Mind in the connection to Source where all Healing comes from.



## Who is this course suited to?

Course suitable for you?

This course is best suited to those who connect with Colour at a feeling level and not a mind level.

The different Learning modalities are designed to suit the needs of the individual student, which is outlined below.

This course is for those who have a yearning within themselves to help and serve others.

Whether you are already on your Colour Journey, or just beginning, this course is for you as it starts at a beginner level and then increases in skill and complexity, to an expansive professional level.

It is for those who want to start a healing practice, or add colour healing to their current healing qualifications such as Reiki or Massage.

If your desire is to become a professional Heart felt Therapist. This is for you.



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# Syllabus

## Module 1

- Introduction to the course
- Colour Theory
- What is Colour
- Additive Colours
- Subtractive Colours
- Colour Wheels
- Light Mixing
- Colour Categories
- Hue Saturation and Value
- History of Colour
- The Principles of Colour Therapy
- Effects of Colour on the Human Organism
- Our Physical and subtle bodies

## Module 2

- How Colour affects our Wellbeing
- The Subtle Bodies of the Aura
- Chakra System
- Prayers & Invocations

## Module 3

- Colour and Interior Design
- Therapeutic use of Colour
- Colour Properties
- List of Colour Traits

## Module 4

- Introduction into Dowsing
- Dowsing with a pendulum
- Cleansing & Program of a Crystal Pendulum
- Colour Therapy Ritual
- The Hygeia Spinal Chart
- Creating a Spinal Chart
- Diagnosis Chart



## **Module 5**

- Colour Counselling
- Colour Healing Rays
- Using Coloured Silks in Therapy
- Protection and Cleansing
- The Power of Prayer
- Being Grounded and Connected
- Saint Germain
- Cutting Ties

## **Module 6**

- Disease and Metaphysical Causes
- How our body speaks to us

- **Module 7**

- The Hands of Colour Healing
- Absent Healing
- Using Geometric Form in Healing
- Solarised Water
- The Elements and the Kingdoms of Nature

- **Module 8**

- Death and Dying
- Setting up your own practice



## Frequently asked questions

- What will my Diploma look like: Click [HERE](#) and see our Colour Therapy Diploma
- Which Course Should You Choose? Use this helpful guide below will help you to work out which course may be more suitable for you.
- Self-Learning Course:  
I have all the Kit listed  
I am good working alone  
I have great discipline  
I learn best when working alone
- Self-Learning with Email Support:  
I have all the Kit listed  
I am good working alone  
I have great discipline  
I learn best when working alone  
I like having Email Support for confidence
- Assisted Tutoring:  
I am a beginner but I'm good with a little guidance and direction  
I have some foundational colour healing knowledge, but will benefit from one on one contact each month.
- Fully Tutored:  
My objective is to become a Colour Therapist. I want to learn about Colour and its intrinsic power to Heal.  
I want to be Tutored by a professional who loves the world of Colour.  
I'm better working with others in my learning process. I need guidance and direction
- Is this a Spiritual Course?  
Yes, all energy work is of a Spiritual Nature, as we form a connection with our Guides and with Source in order for them to carry out the work which we intent.



Will I become a powerful Healer?

If you THINK you are a Healer, you are not. We can only FEEL healing and that healing occurs in a realm beyond ours.

I do not want to incorporate Spirituality in my Colour work:

Then this course is not suitable for you.

Will Psychology and Counselling form part of the healing work:

Yes, sometimes clients want to talk and as a therapist, its our job to listen, sometimes its as simple as that, whist other times we must identify that we need to pass our client on to a professional Counsellor.

I cannot meditate:

That is perfectly OK, we will have many guided meditation sessions so you will be able to connect with your Guides.

I do not want to work with 'high risk' clients, Depression, Addiction, Terminally Ill:

That is ok, you set your intention when you are ready to create your practice, and the right people will be guided to you. We will help you create that intention.

Is this Course accredited:

Yes, please see the accreditation page on the web for more details. But please know this. You must be prepared to work at a FEELING level and not an INTELLUCTUAL level. Your learning and connection is your true goal, not the certificate.

Your Courses are more expensive than some others out there:

Yes, because our courses have been written, executed and examined by David Ellis and not mass produced as with many courses online. Also our course price includes a kit of all you need for this work.



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Your courses are in Euro,  
but I'm in the USA:

Although our courses are priced in Euro, overseas students are only charged the equivalent amount in their own currency. This is done automatically by your bank at the time of payment, so you don't have to do anything! Please keep in mind that currency exchange rates do fluctuate from time to time. Please visit this website for daily live exchange rates:

<https://www.xe.com/currencyconverter>. Or click [HERE](#)

Do I need to buy anything for this course:

Depending on the Course package you opt for, All the Course material and Colour fabrics you will initially need for the course and your initial healing practice are included in the courses marked + Kit

What is included in the Kit:

The kit includes, a set of fabrics or towel on the colours of the chakras, A Rose Quartz Tea Light Holder, A Crystal Pendulum and a Mind – Heart book by David Ellis

When will I receive my kit:

Your kit will be sent on enrolment.

Discounts from [www.GemzWorld.com](http://www.GemzWorld.com)

As a student at The Atlantis Institute, you will receive a discount code offering you 25% discount on all Crystals and Books.

Do you offer Payment Plans:

Yes! We offer affordable payment plans for all students.

Enrolments

Are you ready to start an exciting Colour journey? If so, [Click here](#): or follow the link <https://www.atlantisinstitute.ie/product/a-course-in-colour-therapy/>



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